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THIRTY-SIXTH YEAR

34

Marble Hill, Missouri, Thursday December 2, 1916

E. W. FRANCIS

Grocery Store will be headquarters for good things during the holidays

Our Store will be full of Oranges, Lemons, Bananas, Grapes, Apples, Grape Fruit, Cranberries, Nuts, Figs, Dates, Celery, Cookies, and a line of Candies that can't be beat in town. Before buying your box candies see our line of

Lowney Chocolates in Xmas Boxes

they can't be beat for quality. We guarantee them to please your sweetest girl.

Our Stock of Groceries Is Complete

We handle nothing but first-class in quality. When you want a lunch call on us. We will give you good grub for the price.

If it is good to eat we have it. Don't forget us when you go to buy your holiday supplies. Our line will be complete.

Yours for a merry Christmas and happy New Year

E. W. FRANCIS,
Lutesville, Missouri

Southeast News.

Poplar Bluff Republic.

The first moonshine whiskey plant to be seized in the Ozark mountains in Missouri in several years, was raided Wednesday by Constable Charles McBride of Gainesville, who found the plant in a wild section of Ozark county. The alleged owners were arrested and probably will be turned over to the Federal authorities.

Fredericktown Democrat-News.

Lee Lewis got drunk and ran amuck in north town Sunday afternoon. After smashing a few things Marshal McCarver was called and Mr. Lewis was landed in jail. Monday morning he told Judge Benedict that Alleville booze to the extent of a gallon was the cause of his tumble from the water wagon and that he was ready to pay his fine. This little matter was adjusted with \$10.75 and Lewis went back to his job of hauling ties from Mill Creek. A little computation will show that Alleville booze usually costs Fredericktown citizens about \$20 per gallon.

Ironstone Register.

The Whitener-London lands—about 4200 acres—were sold under judgment for taxes here last Saturday, and purchased by Henry Carter, president of the First National Bank of Madison, Ill., for \$1750. Mr. Carter purchased them as trustee for the First National Bank of Madison, Ill., German Saving Bank of Hovington, Ill., the Farmers' Bank of Farmington, Mo., the Merchants and Miners Bank of Flat River, Mo., and the Bankers' Trust company of St. Louis. These institutions, it stated, have loans secured by deeds of trust on the property and they bid in the land to protect their interests.

Fredericktown Democrat-News.

Tom Alloway, one of the preachers who held forth in the courthouse and the Cole building for several months recently trying to convert us to the belief that he was able to speak with the tongues of angels as well as the tongues of men, is decidedly in bad. It seems that brother Alloway, shortly after the conclusion of his great revival here, decided that his wife and children were hindrances to him in his divine calling, so he cast them off. The wife went to Mine la Motte, rented a tent and kept boarders for a living for herself and children. Last week she left the tent and went to visit her parents in the west part of the county. In her absence, the straying husband sneaked into the

tent and took up his abode there. After a few days he wrote his wife that he was there that he was eating up the grub and that when he finished he proposed to burn up the tent and leave. The letter was turned over to Prosecuting Attorney Anthony and the officers caught the reverend gentleman Saturday evening and landed him in jail where he languishes up to the present good hour.

Good Men for the Board

There is likely to be some changes in the Board of Managers of state hospital No. 4 when the next state administration comes in, and the friends of S. J. Stanton of Ste. Genevieve will urge his appointment as a member of the board. Those who know him best believe that a better selection could not be made. He is a man of good business qualifications and one who would take an active part in the affairs of that institution and look after its best interests and the welfare of its unfortunate patients. The Times takes pleasure in commanding his appointment to the governor.

In this connection we would like to see Samuel McMinn of Bollinger county, a member of the present board, retained. He has proven his worth as a member. The experience he has gained and the knowledge of the institution and its needs which his nearly four years service on the board has given him make him a most valuable member. The governor would do well to give his claims favorable consideration.—Farmington Times.

Addiction to Tobacco Is Mild Form of Drug Habit

By Dr. M. P. Ravenel

The constant use of tobacco is one of the so-called minor vices which is widespread. Until recently, we had very few exact studies on its use, but now scientific research has enabled us to make more definite statements.

Tobacco contains one of the most deadly known poisons—nicotine. In doses of one-fifteenth of a grain nicotine will produce death. In whatever form the tobacco may be used, either chewed or smoked, nicotine is absorbed. This is proven by the fact that the smoker, who is not accustomed to tobacco, gives all symptoms of nicotine poisoning. Tobacco varies in the amount of nicotine contained according to the soil in which it is grown.

In smoking, cigarettes are probably the most injurious form because

of their convenience and cheapness. But of course most experts smokers inhale tobacco into a large surface of the mouth and respiratory tract for the softening of mucous.

The over-use of tobacco produces well marked disturbances of the heart, palpitation, shortness of breath, rapid and irregular pulse.

The effects on the nervous system are headaches, dizziness, tremor of the hands, lack of energy and vitality, combined with irritability and mental depression. It also has a paralyzing effect on certain special nerves indicating partial blindness or deafness which may become extreme if the use of tobacco is not stopped.

Studies made at Yale and Amherst show that smokers are limited in height, weight and chest measure as compared to non-smokers. Many large employers, like Ford, Edison and the Cadillac company, are forbidding cigarette smoking among their employees.

Tobacco serves no necessary useful purpose. It is invariably harmful to young and glowing persons. It is often harmful to older persons. It is injurious to athletes. Trainers for all forms of athletics ban the use of tobacco on the ground that it cuts the wind. This has been shown to be due to the loss of lung capacity amounting to ten per cent. Only one-half as many smokers non-smokers are successful in the try-outs for football squads. It is invariably associated with low scholarship. It is a drug habit pure and simple, conducive to idleness, waste of money and injury of body as well as mind.

The Knocker

Every community has him, every community curses him and every community tolerates him.

He is usually an unsuccessful business man whose objectionable ways have been the direct cause of his losing in the game of life. He must needs vent his spleen on some one or something. Admitting no fault in himself, ergo, the fault must be in the environment he knows.

He is a peacock—so, and as little as we may believe it, he really does harm.

He is sure to get the ear of many now men in town and pour into their ears his abuse of the place. According to his conditions are all crooked. The business men are cheats and swindlers. The professional men are quacks and shysters. To his way of thinking there isn't a decent mechanic in the place. Even the laborers are lazy and trifling. The town is dead and is no place for a live man to tarry. His sour soul fairly writhes and squirms with sardonic joy when he sees that his mischievous mouthings are having their intended effect upon the victim. That is the knocker—that is his story, his way.

But what a pity he will not! That would be all the community would ask of him and his mouth.

And thus it goes on year after year. Does it have any effect, you ask? It certainly does. The business life of a community, contrary to the opinions of many, is susceptible to influence from adverse critics. Perhaps not half of the world know the real cause of his business knockings, and in many minds a dozen lingers and things that should go by a rush are unconsciously sick and lingering.

But what, say you, can you do with him?

May we make a suggestion? Every time this insect opens his mouth to knock tell him plainly that there are quite a number of roads leading away from the town, and cordially invite him to take one of them and follow it to its end.

And let every loyal citizen of the town give him the same advice.—Cathedralsville Democrat.

Kirstin Stump Puller

One Man — Horse Power

Land clearing is not the time consuming, money consuming, back breaking, heart breaking, never ending job it once was, if you get a Kirstin to do the work.

The Kirstin Method guarantees a saving of 10% to 50% over any other method of land clearing. The Kirstin Method just cost of your stump after they are pulled. No stump is too big for the Kirstin Horse Power Puller. Its mighty strength is irresistible because of its triple power and other exclusive Kirstin features. It will clear more than two acres at one setting without strain to man, horse or machine. It has been a leader for 21 years.

Two brothers can pull the largest stumps too with the Kirstin One-Man Stump Puller. A little goes a long way with the Kirstin. Its unique lever action gives you enormous power in a small space.

Learn how Kirstin machines will get the job done under your stump.

Let us prove that the Kirstin Method is valuable.

The Quickest, Easiest and Best Way to Clear Land

Send today for our free book, "The Good in Your Stump Land." It contains a full description of the methods of land clearing, the most effective methods ever developed. It also shows the advantages of the Kirstin Method. It is bound in cloth and is a valuable addition to any library.

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